

# WEEKLY NEWSLETTER

01.02.2026



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Indicator	01.02.26	25.01.26	DEC 25
Nifty 50 PE (P/E)	22.04	21.76	22.40
Nifty 50 PB (P/B)	3.44	3.41	3.49
Dividend Yield(%)	1.32%	1.32%	1.38%
Yield Ratio (GSec/Earnings Yield)	1.48	1.45	1.50
Market Cap to GDP (%)	127.93%	126.79%	129.95%
RSI 65	49.11	47.31	51.65
FII Monthly Flow ( cr)	-1,07,673	-78,022	-20,873
Nifty Close	25,320.65	25,048.65	25,694.35
13Day EMA	25,436.73	25,533.00	25,882.00
India VIX	13.63	14.19	11.37

Ratio = Total Market Cap / GDP	Valuation
Ratio ≤ 73%	Significantly Undervalued
73% < Ratio ≤ 94%	Modestly Undervalued
94% < Ratio ≤ 115%	Fair Valued
115% < Ratio ≤ 136%	Modestly Overvalued
Ratio > 136%	Significantly Overvalued
Where are we today (2026-01-31)? Ratio = 127.93%, <b>Modestly Overvalued</b>	

Based on these modified historical valuations, we have divided market valuation into five zones:

Ratio = Total Market Cap / (GDP + Total Assets of Central Bank)	Valuation
Ratio ≤ 65%	Significantly Undervalued
65% < Ratio ≤ 84%	Modestly Undervalued
84% < Ratio ≤ 103%	Fair Valued
103% < Ratio ≤ 121%	Modestly Overvalued
Ratio > 121%	Significantly Overvalued
Where are we today (2026-01-31)? Ratio = 114.76%, <b>Modestly Overvalued</b>	

### Predicted and Actual Returns of India

YTD 1Y 3Y 5Y 10Y 20Y All

Save Embed



Under the original buffett indicator, the stock market of India is expected to return 6.3% a year for the coming years. This is from the contribution of economic growth in local current prices: 6.86%, Dividend Yield: 1.53% and valuation reverse to the mean -2.1%.

Under the modified model, the contribution of economic growth and dividend yield stays the same while the valuation reverse to mean changes to -2.11%. Consequently, the stock market of India is expected to return 6.3% a year.

Source

<https://volatilitygame.com> | <https://www.valuestocks.in/en/niftytrend>

<https://www.investing.com/charts/live-charts>

<https://www.gurufocus.com/global-market-valuation.php?country=IND>

# US MARKET VALUATION



Ratio = Total Market Cap / GDP	Valuation
Ratio $\leq$ 88%	Significantly Undervalued
88% < Ratio $\leq$ 114%	Modestly Undervalued
114% < Ratio $\leq$ 139%	Fair Valued
139% < Ratio $\leq$ 164%	Modestly Overvalued
Ratio > 164%	Significantly Overvalued
Where are we today (2026-01-31)?	Ratio = 223.3%, <b>Significantly Overvalued</b>

## Notes & Observations

**Positive sentiments:** Start with new SIPs and STPs . Time to accumulate in such zone.

Investing in Business cycle funds can be a good idea now with 2-3 yrs view

**Current focus:** Multi Asset Funds and asset Allocator Funds

**Current sector focus:** BFSI, Metal and defence sector

# VOLATILITY COACH – MARKET COMMENTARY

## Market Structure & Volatility Regime

January 2026 reflects a classic phase of valuation cooling combined with liquidity stress. Market Cap to GDP has moderated from near 130% to sub-128%, while India VIX remains elevated, signalling persistent uncertainty and range-bound behaviour.

## Liquidity & FII Behaviour

Sustained FII selling across January has been the dominant driver of short-term market movements. Despite this, markets have shown resilience due to domestic flows, indicating structural strength but near-term volatility.

## Asset Allocation Lens

With equity earnings yield below the 10-year G-Sec yield, relative attractiveness across asset classes has narrowed. This reinforces the importance of diversified, rule-based asset allocation rather than pure equity aggression.

## Why Multi-Asset Funds Make Sense Now

Multi-Asset Funds emerge as an optimal strategy in such environments. By dynamically allocating across equity, debt, and gold, they help investors navigate volatility, reduce behavioural mistakes, and maintain return consistency without the need for tactical timing.

**Volatility Coach View:** In phases of elevated volatility and uncertain liquidity, multi-asset allocation is not a compromise—it is a strategic advantage. Process, patience, and diversification will outperform prediction.

Fund Name	Invested	NAV	Current	Return
Kotak Multi Asset Allocation Fund - Regular Plan - Growth Option	120,000.00	16.81	148,507.31	55.79
HSBC Multi Asset Allocation Fund - Regular - Growth	120,000.00	14	140,620.89	39.52
Union Multi Asset Allocation Fund- Regular Plan - Growth Option	120,000.00	12.67	140,604.77	39.48
Invesco India Multi Asset Allocation Fund - Growth	120,000.00	12.82	139,993.97	38.25
DSP Multi Asset Allocation Fund - Regular - Growth	120,000.00	16.32	139,767.51	38.04
Bajaj Finserv Multi Asset Allocation Fund - Regular Growth	120,000.00	12.98	139,697.47	37.65
Aditya Birla Sun Life Multi Asset Allocation Fund-Regular Growth	120,000.00	17.3	138,852.40	35.95
quant Multi Asset Allocation Fund-GROWTH OPTION - Regular Plan	120,000.00	164.9	138,708.01	35.66
Bandhan Multi Asset Allocation Fund - Regular Plan - Growth	120,000.00	14.26	137,979.07	34.2
Mahindra Manulife Multi Asset Allocation Fund- Regular Plan - Growth	120,000.00	13.94	137,457.75	33.16
Nippon India Multi Asset Allocation Fund - Regular Plan - Growth Option	120,000.00	24.93	136,830.27	32.12
SBI Multi Asset Allocation Fund - Regular Plan - Growth	120,000.00	68.07	136,357.55	30.98
Axis Multi Asset Allocation Fund - Regular Plan - Growth Option	120,000.00	45.98	136,090.49	30.65
Sundaram Multi Asset Allocation Fund Regular Plan Growth	120,000.00	13.98	135,864.41	30
Mirae Asset Multi Asset Allocation Fund - Regular Plan - Growth	120,000.00	13.71	135,052.42	28.4
Shriram Multi Asset Allocation Fund - Regular Growth	120,000.00	13.72	134,677.93	27.66
LIC MF Multi Asset Allocation Fund-Regular Plan-Growth	120,000.00	12.54	133,906.40	26.15
Bank of India Multi Asset Allocation Fund-Regular Plan-Growth	120,000.00	12.55	132,467.75	23.35

Fund Name	Invested	NAV	Current	Return
Baroda BNP Paribas Multi Asset Fund - Regular Plan - Growth Option	120,000.00	16.43	132,421.90	23.26
Samco Multi Asset Allocation Fund - Regular Plan - Growth	120,000.00	12.66	131,632.53	21.87
Quantum Multi Asset Allocation Fund - Regular Plan Growth Option	120,000.00	12.59	130,783.27	20.09
UTI Multi Asset Allocation Fund - Regular Plan - Growth Option	120,000.00	80.96	130,711.35	19.96
Tata Multi Asset Allocation Fund-Regular Plan-Growth	120,000.00	25.59	130,505.77	19.68
HDFC Multi-Asset Fund - Growth Option	120,000.00	77.53	129,999.91	18.59
WhiteOak Capital Multi Asset Allocation Fund Regular Plan Growth	120,000.00	15.39	129,603.73	17.95
ICICI Prudential Multi-Asset Fund - Growth	120,000.00	819.56	128,879.68	16.56
Edelweiss Multi Asset Allocation Fund - Regular Plan - Growth	120,000.00	11.8	120,817.80	1.48
Hybrid: Multi Asset Allocation	120,000.00	0	135,140.46	28.76

## PARAMETERS

### & CONCLUSIONS IN LAST FEW YEARS



- Equity neutral or negative or positive
- 23rd Jan 2022- 17617 Nifty Negative Trend
- 8th March 2022- 15863
- 17th March 2022- 17287 Positive Trend
- 5th April 2022- 17957
- 18th April 2022- 17173 Negative/ Neutral Trend
- 29th May onwards positive/ neutral
- 19th June onwards positive
- 18th July onwards continuous positive
- 21st Aug onwards neutral to negative this week at least
- 27th Aug onwards Investing region
- 23rd Sep Very Negative for the markets.
- 14th Oct Closing Positive above 13EMA - invest
- 11th Nov Book gradual profit and Debt allocation recommended
- 9th Dec 1st closing below the 13EMA and 23rd Dec Confirms negative markets. Jan 2023 Continues to be negative.
- 5th Feb 2023 Budget positivity may not last if FII does not square off the short positions. April 2023 is the month to observe all asset classes.
- After Dec 23rd April 2023 first time the market turned positive for equity. Aug 18th markets turn Negative for the medium term. Positive always in the long term. 1st Sept Closing is a positive outlook. Positive continues. 20th Oct Closing signals negative trends for the coming week. From 10th Nov 2023 closing shows positive sign till date.
- Negative trend from 20th Dec 2024 continues . Trend reversal not see till now.
- Trend Reversal on 21st mar 2025
- Note - After a positive closing last week , Nifty closes negative and trend bearish in short term as on 4th April 2025 .
- Trend turn positive again after 18th April 2025 .
- Over 1 lakh outstanding negative Option contracts of FIIs in July 2025 , Market cap to GDP over 137% and nifty below 13EMA signal is negative for markets as of now.
- Nifty closing above 13EMA is a positive sign for trend reversal as on 22nd Aug 2025

## PARAMETERS

• & conclusions in last few years

- Nifty Small Cap 100 remains positive



- Nifty MidCap 150 also remains positive



# SECTORIAL INDEX

1 FEBRUARY 2026

INDEX NAME	LAST	CHNG	%CHNG	P/E	P/B	DIV YIELD
NIFTY 100	25,902.00	-119.7	-0.46	21.56	3.46	1.32
NIFTY 200	14,093.05	-58.05	-0.41	22.92	3.58	1.23
NIFTY 500	23,079.50	-55.3	-0.24	23.48	3.59	1.17
NIFTY MIDCAP 50	16,693.25	-43	-0.26	32.32	4.45	0.84
NIFTY MIDCAP 100	58,432.00	-109	-0.19	32.07	4.25	0.83
NIFTY SMALLCAP 100	16,879.10	54.1	0.32	30.03	3.65	0.77
INDIA VIX	13.63	0.26	1.96	-	-	-
NIFTY MIDCAP 150	21,490.90	7.25	0.03	31.81	4.35	0.84
NIFTY SMALLCAP 50	8,189.35	14.3	0.17	29.53	3.63	0.81
NIFTY SMALLCAP 250	15,763.45	133.15	0.85	27.14	3.37	0.76
NIFTY MIDSMALLCAP 400	19,365.95	59.6	0.31	30.06	3.96	0.81
NIFTY500 MULTICAP 50:25:25	15,868.90	-2.75	-0.02	24.81	3.62	1.06
NIFTY LARGEMIDCAP 250	16,309.00	-35	-0.21	25.69	3.85	1.08
NIFTY TOTAL MARKET	12,937.95	-21.65	-0.17	23.54	3.55	1.16
NIFTY MICROCAP 250	21,268.75	378.7	1.81	25.22	2.72	0.83
NIFTY500 LARGEMIDSMALL EQUAL-CAP WEIGHTED	17,363.55	23.05	0.13	26.15	3.68	0.97
NIFTY INDIA FPI 150	1,567.95	-6.45	-0.41	24.02	3.8	1.25



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# 7TH CONFERENCE 2026

Media Partner

THE ECONOMIC TIMES

THEME - RENEWAL

JW Marriott Sahar , Mumbai

Date: 25-26-27 Sept 2026

## Registration Fee

~~Rs 37000+GST( Residential)~~

~~Rs 25000+GST(Non Residential)~~

Early Bird offer

Rs 27000+GST(Residential)



REGISTER FOR 7TH FFFP

# Mumbai 2026

What a day of fellowship, networking, and cricket! 🏏🌟

The 3rd FFF Premier League 2026, held on 10th January 2026 at Ryan International School Turf, Malad (Mumbai), turned out to be a perfect blend of sportsmanship, camaraderie, and community bonding.

With 125+ participants, 10 competitive teams, and electrifying matches throughout the day, the energy on the field was truly infectious.

🏆 Champions: HDFC AMC

🥈 Runners-up: 360 ONE AMC

🌟 Semi-Finalists:

- Bank of India AMC
- HSBC AMC

🔥 Enthusiastic Playing Teams:

Groww MF | ICICI Prudential MF | Motilal Oswal MF | The Wealth Company MF | PGIM MF | Goal Achiever

Beyond the runs and wickets, the day was enriched with great food, music, meaningful networking, and above all, the spirit of the game.

Moments like these truly define the essence of the FFF community—competing hard on the field, connecting deeply off it.

Looking forward to many more such memorable innings together! 🍷🏏



**3<sup>rd</sup> FFF Premier League Mumbai**

# Kolkata 2026

What a fulfilling day of meeting, bonding, and celebrating togetherness with the Mutual Fund industry fraternity at the very beginning of 2026 on 3rd Jan 2026

With 12 teams and 350+ industry friends, the New Year was welcomed not just with competition—but with camaraderie, laughter, and deepened relationships.

In sport, there is always one winner—but in such gatherings, everyone wins the bond, the connect, and the shared spirit.

## 🏆 Tournament Highlights

- Winners: PGIM Mutual Fund
- Runners-up: HDFC Mutual Fund
- Semi-Finalists: Bank of India Mutual Fund & Bandhan Mutual Fund
- Quarter-Finalists: SBI Mutual Fund, HSBC Mutual Fund, 360 ONE Mutual Fund, Axis Mutual Fund

Other enthusiastic teams—Groww Mutual Fund, Motilal Oswal Mutual Fund, The Wealth Company Mutual Fund, and DSP Mutual Fund—made the day truly energetic, engaging, and memorable.

Grateful for the spirit of participation, sportsmanship, and fraternity. Here's to stronger connections, collaborative growth, and a powerful 2026 ahead.



**6<sup>th</sup> FFF Premier League Kolkata**

# The recent FFF Retreat at Talegaon was far more than a weekend getaway.

It became a powerful reset for Volatility Coaches—energising them for the next nine months and beyond.

Through goal planning, deep bonding, open sharing, fireside conversations, experiential games, and a heartfelt gratitude session, something special happened:

the collective understanding, trust, and maturity of the group moved to an entirely new level.

This wasn't just networking.  
It was experiential community-building.

Many meets come and go.  
This one will stay—quietly contributing at multiple levels for years to come.

Grateful for the people, the openness, and the shared intent.





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# FFFFP

## RESIDENTIAL MEET 2026 NISM PATALGANGA

Combined registration for FFF pro membership with FFFPro Residential Meet at NISM Patalganga for 2026-27 closes on 10th Feb 2026

SAVE DATE

**10<sup>th</sup>-12<sup>th</sup> APRIL — 2026**



[www.volatilitygame.com](http://www.volatilitygame.com)



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## **GROW WITH FFF PRO**

10 THINGS TO DO TO GROW 10X

- ✓ 11 VG Calculators
- ✓ One Page Sustainability Matrix Software
- ✓ Equity Fundamental Analysis Software
- ✓ Mutual Fund Analysis Software
- ✓ Bonus for 2026 - Three days NISM patalganga residential event in April 2026
- ✓ 20 Excel Calculators
- ✓ One on one online mentoring session - 2 Numbers
- ✓ Access to Beyond Classroom Events & One day FFF Professional Meets
- ✓ Tactical Asset Allocation & Transactions - TAAT Certification Subsidised
- ✓ FFF Pro Community Connect & Branding

**Rs 20,000/- Plus GST**  
**FFF Pro Annual**